

INGENI HEALTH AND ICMD ANNOUNCE A STRATEGIC AGREEMENT FOR SUPPORTING THE HEALTH AND WELLNESS OF FIRST NATIONS AND CANADIANS.

Toronto, Calgary and Winnipeg July 5. 2022

IcMD and Ingeni Health (INGENI) and are pleased to announce an agreement between the Parties to provide the Ingeni Health innovation improving the lives and addressing many of the wellness and health issues facing First Nation. Indigenous and underserved Canadians.

Ian McNeill President of Ingeni, along with Christopher Henry and James Rondeau of IcMD are excited to start to deliver to our Communities, including those with limited access to Care, self empowering and impactful solutions in support of the prevention, early detection and management towards healthier people with reduced cost burdens on the Health System.

IcMD and Ingeni Health are delivering next generation, high quality, and compliant wearables with programs for proactively supporting Individuals, Families, Communities, Practitioners, Care Givers and Care institutions. In providing complete solutions for empowering and real time data supporting At Risk Canadians in Pre-Chronic, Chronic conditions and. Delivering Early Detection and Evidence Based Analysis.

Health Canada reports that:

- Early detection of and management of medical conditions such as high blood pressure, diabetes can help reduce risk of heart disease. 5.9% of the population has been diagnosed with heart disease or stroke in those over 20 years.
- Hypertension (or high blood pressure) is a leading modifiable risk factor for cardiovascular disease and accounts for more than 10% of the population-attributable fraction (PAF) for mortality worldwide. Hypertension affects almost 1 in 4 Canadian adults and the lifetime incidence of developing high blood pressure is estimated to be 90%
- 1 in 9 adults aged 20+ and 1 in 333 Children aged 1-19 in Canada live with diagnosed diabetes and
- Obesity affects 28.2% of Canadians, with overweight being significant in all age categories and affecting Hypertension and Diabetes
- Poor Sleep and Complicated Mental Health Issues facing Canadians especially since Covid 19 are front of mind and can be managed for many Canadians.

Solutions for Children, Adults, Employees, and Associations, and with foundations employers and Insurers stepping forward to provide solutions towards creating better lives and healthier personal impacts while respecting strict privacy.

Some of the features that Ingeni offers includes Oxygen, Heart Rate, Blood Pressure, ECG, Activity and Sleep tracking, motion and fall detection, geo location and geofencing, multiple alert and communication options along with recently announced 2022 incentives and payments options all in support of a Healthier and Safer You. User and back office (management/customizable/exceptions), AI and Gamification solutions help to provide insights towards positive outcomes.

For more information contact Ingeni or IcMD as below. |

INGENI HEALTH view us at (<https://www.IngeniHealth.com>) or by email to ian.mcneill@ingenihealth.com or gord.travs@ingenihealth.com

IcMD View us at (<https://www.IcMD.ca>) or by email to chenry@icmd.ca or jrondeau@icmd.ca

About Ingeni Health

Ingeni uniquely delivers non invasive sensors to B2BC as a Software as a Service for proactive, automated, integrated health and safety monitoring that includes services to Seniors, Remote Health and At-Risk employees and members. INGENI subscription model provides for continuous access and upgrades to high quality and latest technologies with pricing for Corporate HR, individuals, families, and specialty sensor applications. Our Team has extensive experience in developing transaction-based systems having delivered innovation in payments with two of Canadas largest Financial Institutions and into bringing together experts in HEALTHTECH and FINTECH.

About IcMD.ca

IcMD's goal is to provide improved healthcare services to Indigenous people across North America. Many of our rural, remote, and urban populations suffer from a lack of access to healthcare providers & related services. By using readily available technology and proven market leaders as partners we intend to change how people think about the future of their health. No matter WHERE we live, we ALL deserve EQUAL care.

Indigenous owned and operated IcMD was created in 2018 as a partnership between Metis and First Nation people. After living and working for decades in northern & remote communities across Canada our team knew there had to be a better way to care for our health. We took the time to meet with over 150 First Nation & Indigenous communities to find out what they truly needed. We partnered with leaders in the markets we looked to serve. Companies & people who had the same goals and the same desire to be partners in the health of our communities. Our partnership network now spans over 260 pharmacies & 25 medical clinics across Canada. Over 15 First Nation communities have joined the IcMD Family and we look forward to aiding not only our communities but all Canadians who wish to improve their care.

Christopher Henry – IcMD Co-founder & President, Manitoba Metis Federation

Over the past 30 years in the construction industry Christopher has been involved in many of the major projects across the Manitoba skylines. Heavily involved in the health of the construction industry Christopher held many positions including past Chair of Electrical Trades at the Winnipeg Construction Association, past President of the Electrical Association of Manitoba, and Executive Director of the Electrical Trade & Transmission Lines division for the Construction Labor Relations Association of Manitoba. Christopher's project management experience along with outside the box thinking has helped bring the IcMD vision to reality.

Jim Rondeau – IcMD Vice President Technology & Health

Jim was a member of the Legislative Assembly of Manitoba from 1999 – 2016. In 2003 he was appointed as Minister of Healthy Living. In 2004 he was named Minister of Industry, Economic Development and Mines and wrote the regulations dealing with pharmaceuticals sales from Canada into the United States. In 2006 he was named Minister of Science, Technology, Energy and Mines which saw one of the largest

growth periods in the Manitoba mining sector. Jim brings a wealth of past relationships & industry experience to help guide and grow IcMD into the future.

Michael Birch – IcMD Co-founder & VP Development, Garden Hill First Nation

Michael has been involved in First Nations development his entire life. Currently focused on Direction North Transport which partners with Indigenous communities to provide trucking and logistics service to the Canadian north. Michael is also the Owner and President of M.B. Enterprises a one-of-a kind facility management company dedicated to developing new businesses and economic opportunities for Indigenous Communities across Canada. His knowledge of the people, the history, and past successes in Indigenous communities is instrumental in growing IcMD

Forward-Looking Statements This news release contains certain forward-looking statements, including statements about the Company's future plans and intentions. Wherever possible, words such as "may", "will", "should", "could", "expect", "plan", "intend", "anticipate", "believe", "estimate", "predict" "hope" or "potential" or the negative or other variations of these words, or similar words or phrases, have been used to identify these forward-looking statements. These statements reflect management's current beliefs and are based on information currently available to management as at the date hereof. Forward-looking statements involve significant risk, uncertainties and assumptions. Many factors could cause actual results, performance or achievements to differ materially from the results discussed or implied in the forward-looking statements. These factors should be considered carefully, and readers should not place undue reliance on the forward-looking statements. Although the forward-looking statements contained in this news release are based upon what management believes to be reasonable assumptions, the Company cannot assure readers that actual results will be consistent with these forward-looking statements. These forward-looking statements are made as of the date of this news release, and the Company assumes no obligation to update or revise them to reflect new events or circumstances, except as required by law